

GENERAL INFORMATION

More information on services available related to COVID-19 can be found at https://dss.mo.gov/covid-19/.

NATIONAL SUICIDE HOTLINE

The National Suicide Prevention Lifeline is a 24/7, toll-free hotline available to anyone in suicidal crisis or emotional distress. Call 800-273-8255 for support or go to

https://suicidepreventionlifeline.org/ chat/.

DOMESTIC VIOLENCE HOTLINE

The National Domestic Violence Hotline can be reached at 800-799-7233. You can chat online with an advocate at www.thehotline.org or text LOVEIS to 22522.

FARMER CRISIS HOTLINE

Farmers who are facing challenges during the pandemic can contact Farm Aid at 800-FARM-AID. More resources can be found at the National Farmers Union's Farm Crisis Center at https://farmcrisis.nfu.org/.

COVID-19 COMMUNITY RESOURCES

Missouri

UNEMPLOYMENT

Federal legislation has made unemployment benefits available to workers who may not have qualified before. To learn more and to apply, visit uinteract.labor.mo.gov. The site has helpful videos to walk applicants through the process. Applicants can also call regional claim centers for assistance. A list of these centers is available at



https://labor.mo.gov/unemployed-workers#mini-panel-unemployed-workers-tabs3.

SNAP

General information about food assistance during the pandemic can be found at https://mydss.mo.gov/covid-food-stamp-info. Applicants can apply for SNAP benefits through an online form available at https://dss.mo.gov/fsd/formsmanual/pdf/fs1.pdf. Applicants can also call 855-FSD-INFO (855-373-4636).



UTILITIES ASSISTANCE

For information on the Low Income Home Energy Assistance Program (LIHEAP) in Missouri, visit https://dss.mo.gov/fsd/energy-assistance/. Applicants will need to download and fill out a form and then mail it to their local contracted agency. A list of agencies is available on the website. Applicants can also request that a paper copy be sent to them by contacting the local contracting agency.

RENT AND EVICTIONS

Federal law has placed a moratorium on evictions from certain properties, including those backed by federal mortgages through Fannie Mae and Freddie Mac. To learn more, visit https://larsen.house.gov/uploadedfiles/covid toolkit 3.30.20.pdf. This, however, does not apply to most private residences. For rental assistance and housing help, visit https://www.hud.gov/states/missouri.

NUTRITION FOR WOMEN, INFANTS AND CHILDREN

Information about WIC, including how to apply, can be found at https://health.mo.gov/living/families/wic/families/howdoiapplyforwic/. A list of local WIC agencies can be found at https://health.mo.gov/living/families/wic/families/findalocation/. Federal law has waived the requirement for applicants to appear in person. Check with your local office to verify the application process.



